



Celebrate the kids in your life on Absolutely Incredible Kid Day

Thursday, March 18, 2010

10 Letter-Writing Tips

Research shows that writing a letter is a powerful way to make a difference in the life of a child. To make writing *Absolutely Incredible Kid Day*® letters easier, follow these tips:

1. Getting started can be the toughest part. Form a mental picture of the child and the things that you enjoy or appreciate about the child.
2. Make a list of adjectives that describe the child: funny, smart, skillful, helpful, caring.
3. Begin with a favorite poem or famous quote that has special meaning to you.
4. Think of what you like best about letters you've received.
5. Remember fun times or special moments you and the child have shared. Refer to these events and tell the child what you enjoyed about that time.
6. Be specific and be descriptive. Use humor. Try "Do you know what I like about you? I like it when you..."
7. Don't worry about the length. A note can be cherished as much as an epistle.
8. Be optimistic and future-focused; emphasize positive self-esteem.
9. Write it by hand. Feel free to make edits as you go.
10. Get creative! Send an encouraging e-mail, postcard, or greeting card, or put a note in a lunch box or on a bed stand.



Sample Sentences to Get You Started...

- I know that growing up today is sometimes really hard...
- This letter is my way of letting you know that you are special and that someone is thinking about you.
- You are very special in your own way...
- I hope you discover what your own talents are and share them with the world.
- Did you know that the world is a better place just because you're you?
- Has anyone ever told you that you can do anything you truly believe in? You can!
- You can accomplish anything if you set your mind to it. The trick is believing in



For more information...

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